

## TH

1. Exercises 10x each in the morning and then in the evening with a mirror
  - \*Tongue out and in the mouth
  - \*Tongue outside of mouth up toward nose (hold jaw so tongue is only doing the work)
  - \*Tongue outside of the mouth down toward the chin
2. Sounds: morning and evening, with a mirror, the tongue should slightly outside of teeth like you are biting it. (“only time you can stick out your tongue at me” 😊)
  - “Hard” /th/ with voice (ex: the) 5x pulsing
  - “Soft” /th/ without voice (ex: with) 5x pulsing
3. Syllables: say each set 1 x in the morning and evening with a mirror (practice voiced and non voiced)

tha	atha	ath
thee	eethee	eeth
they	eythey	eyth
thou	otho	oath
thoo	oothoo	ooth

### 4. Words:

#### Voiceless

thank	bath tub	breath
think	toothpick	mouth
thunder	something	north
thousand	toothbrush	month
Thursday	without	with
thumb		south
thick		both
thin		tooth
third		math
		truth

#### Voiced

that	brother	bathe
than	Heather	smooth
they	bother	
though	mother	
their	weather	
then	father	
them	other	
there	rather	
these	another	
this		

5. Oral-read a paragraph letting your eyes skim for words that start with /th/ sounds, then read that paragraph aloud stopping to concentrate where your tongue is (protruded) when you reach that word.