

Liberty JHS
Track & Field

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 OFF	2 OFF	3 PRACTICE 3:00 – 5:00	4 “Mock Meet” 3:00 – 5:00 Running Events ONLY	5 PRACTICE 3:00 – 5:00 Relays & Field Events ONLY	6
7	8 PRACTICE 3:00 – 5:00	9 HOME MEET VS MOKENA 4:00	10 PRACTICE 3:00 – 5:00	11 AWAY MEET @ TROY 4:00	12 PRACTICE 3:00 – 5:00 Distance & Throwers ONLY	13
14	15 PRACTICE 3:00 – 5:00	16 AWAY MEET @ SUMMIT HILL (w/ HOMER & HC) 4:00	17 HOME MEET VS OAK PRAIRIE (w/ Lincoln & Old Quarry) 4:00	18 OFF	19 OFF	20
21	22 OFF	23 PRACTICE 3:00 – 5:00	24 PRACTICE 3:00 – 5:00	25 HOME MEET vs SUMMIT HILL (w/ Marino & Manhattan) 4:00	26 PRACTICE 3:00 – 5:00	27
28	29 HOME MEET vs Humphrey (w/ A. Vito Martinez) 4:15	30 PRACTICE 3:00 – 5:00 Qualifiers Only				

--	--	--	--	--	--	--