

## K

1. Exercises 10x each in the morning and then in the evening with a mirror  
\* coughing with tongue back
2. Sounds: pushing tongue back with tip of child's index finger if needed making a /K/ sound like coughing.
3. Syllables: say each set 1 x in the morning and evening with a mirror

Ka	ahKah	ak
Key	eeKah	eek
Kay	aykay	ake
Ko	ohkoh	ohk
Ku	ookew	ook
4. Words:

cat	picking	bake
kind	making	make
kitchen	baking	park
ketchup	licking	cake
keep	cupcake	rake
Kip	rakes	rink
cool	bikes	pick
cop	bakery	pink
choir	barks	sink
core	parking	think
5. Say the above words in a phrase (2 or 3 words, ex: pink popcicles etc.) and then say them in a sentence (ex: I love pink popcicles in the summer. etc.)