

## R

1. Exercises 10x each in the morning and then in the evening
  - \*Use a straw and suck up cereal, m&m's or cotton ball, hold for 3 seconds a few inches off the table
  - \* Do the above exercise but with eyes closed to concentrate on positioning of the tongue.
2. Sounds: say /er/ with flat part of the tongue touching the roof of the mouth in the back and sides of tongue touching insides of back molars.

3. Syllables: say each set 1x in the morning and evening with a mirror

ra	ara	r
ree	eeree	ear
ray	ayray	air
row	orow	or
roo	ooroo	oor

4. Words:

race	Aaron	far
right	Erase	car
rock	berry	air
roll	around	father
rain	garage	mother
ride	scary	sister
read	pirate	brother
rest	story	father
really	hero	stir
room	threw	where

5. Oral-read a paragraph letting your eyes skim for words that start with /r/ sound then read that paragraph aloud stopping to concentrate where the tongue and lips are located for this sound (tongue up touching the back of the mouth inner sides of teeth).